

That They May Have *Life* ...

... through Fellowship

LIFE WEEK 2027 · LFL · Y4Life · WoH

Loneliness

About **33%** of American adults report feeling lonely. About **25%** report that they do not have social and emotional support.

Loneliness increases the risk of premature death by **26%**.

Males, particularly adolescents and adults, report higher feelings of loneliness than females.

Friendship

Studies show that high-quality adult friendships that provide social support and companionship protect against mental health issues and lead to higher well-being overall.

In a 2021 survey, **12%** of adults reported that they did not have any close friends, an increase from **3%** in 1990.

Adults worldwide report having an average of **4.5 friends**. The North American average is **3.8 friends**.

AI Relationships

Between **2022** and **2025**, the number of AI companion apps increased by **700%**.

Research shows that heavy use of an AI companion causes isolation and a loss of social skills.

An increasing number of chatbot users are women, and nearly **72%** of teenagers have formed a relationship with AI.

Pornography Addiction

Studies show nearly **7%** of U.S. adults who view pornography have an addiction to it. **11%** of men and **3%** of women self-report being addicted to pornography.

Virtual reality pornography surpassed **$1 billion** in market value in **2025**. This pornography creates a sense of presence that intensifies the brain's reward response, making it more addictive.

Pornography viewers can become so emotionally and physically reliant on it that they no longer prefer participating in real-life relationships.

God's Word

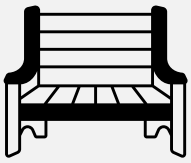
Ecclesiastes 4:9-12

"Two are better than one, because they have a good reward for their toil. For if they fall, one will lift up his fellow. But woe to him who is alone when he falls and has not another to lift him up! Again, if two lie together, they keep warm, but how can one keep warm alone? And though a man might prevail against one who is alone, two will withstand him—a threefold cord is not quickly broken."

Hebrews 10:24-25

"And let us consider how to stir up one another to love and good works, not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near."

Christian Response



Invite someone who normally sits alone to sit with you.

Encourage those struggling with technology or pornography addiction to seek counseling from a pastor or deaconess.





Spend time reading the Bible with friends. Invite others to join you in studying God's Word.



Learn more about Life Week 2027

Sources for Life Week fact sheets