

# That They May Have *Life* ...

## ... in the Flesh

LIFE WEEK 2027 LFL Y4Life WoH

## Eating Disorders

Around **31 million** Americans will have an eating disorder in their lifetime.

Eating disorders have the **second highest mortality rate** of any psychiatric illness behind opiate addiction.

Treatment for eating disorders usually includes a mix of talk therapy and medical monitoring. It can also include nutrition education.

## Self-harm

The most common methods of self-harm are skin cutting, head banging or hitting, and burning.

Self-harm, or non-suicidal self-injury (NSSI), occurs when someone intentionally harms him or herself to cope with stress and not with the intention of ending his or her life by suicide.

People may self-harm for different reasons. Some of these reasons include relieving emotional pain, regaining a sense of control, expressing feelings, or punishing themselves.

## Disabilities

Over **1 billion** people worldwide live with some form of disability. Disabilities can be congenital (present at birth) or acquired later in life due to illness, injury, or aging.

**One in ten** children ages 6 to 14 in the U.S. have a disability. One in twenty children in the same age group have a severe disability.

Adults with a disability are more likely to be obese, smoke, or have diabetes or heart disease.

## Substance Abuse / Addiction

In 2024, **16.8%** of Americans aged 12 and older struggled with a substance abuse disorder.

**There are two main groups of addiction:**
**- Substance addictions** include addictions to alcohol, caffeine, cannabis, prescription medications, tobacco/nicotine, and more.
**- Non-substance (behavioral) addictions** include gambling, eating, exercising/dieting, shopping, viewing pornography, video gaming, and more.

# God's Word

## Job 19:25-27

"For I know that my Redeemer lives, and at the last he will stand upon the earth. And after my skin has been thus destroyed, yet in my flesh I shall see God, whom I shall see for myself, and my eyes shall behold, and not another. My heart faints within me!"

## 1 Corinthians 6:19-20

"Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So glorify God in your body."

# Christian Response



Encourage those struggling with addiction, self-harm, or eating disorders to seek Christian counseling.

Pray for those who are struggling with an addiction. Ask God to be with them and heal them.





Invite those with disabilities to be part of programs at your church or school. Remind them of their value in Christ.

Learn more about Life Week 2027

Sources for Life Week fact sheets

