



Y4Life Programs

You are made **4 LIFE!**



Local Programs

High School and College Y4Life Teams

Are you passionate about being pro-life and interested in starting a student life ministry on your high school or college campus? Y4Life (Youth4Life) can help! We provide informative presentations about life issues, teach individuals and team members how to be Gospel-motivated voices for life, and help youth share the Y4Life message in their school and community. Y4Life provides ongoing mentorship, resources, and other supports for students and faculty who are working to build a Y4Life Team and share the 4 Life message with their campuses and communities.

Life Lessons

Delivered in person or on Zoom, Life Lessons are designed for the high school classroom. These Y4Life presentations connect life issues to elements taught in local curricula. Most often provided in English, biology, and theology classrooms, Life Lessons engage students in a variety of ways and help them make connections between faith and life.

Owen's Mission

Owen's Mission is a special project of Lutherans For Life and Y4Life. The goal of Owen's Mission? Present a set of *Touch of Life* fetal models to every Lutheran elementary and high school in the country. We want students to understand the God-given value of each life from the moment of conception and to value themselves and others as created, redeemed, and called persons. Ready to set up a presentation for your Lutheran school? Contact michelle@y4life.org for more information! *Six to nine months' notice is preferred when setting up an Owen's Mission presentation.*



Regional Programs

Y4Life Apologetics

Designed for in-person weekend retreats or online gatherings of high school and college youth, the Y4Life Apologetics course takes youth through eight sessions that discuss theological truths and how to apply them to life issues and arguments. Through modeling and practice, youth gain experience in how to uphold life using Gospel-motivated biblical, logical, and philosophical approaches as well as how to have charitable conversations rather than aggressive arguments.

From Fertilization to Forever

Are you for life? Would you like to learn more about life issues and how to address them from a Gospel-motivated perspective? If so, the Y4Life From Fertilization to Forever conference is for you! This traveling, one-day conference is geared toward high school students, college students, and young adults. Interested in hosting a From Fertilization to Forever conference at your church or school? Contact michelle@y4life.org for more information. *Six to nine months' notice is preferred when setting up a Y4Life conference.*

Y4Life High School Leadership Retreat

Open to all youth at Lutheran high schools and churches as well as members of current Y4Life Teams, this retreat teaches students how to be leaders 4 Life on their high school campuses. Youth learn basic techniques and practices for speaking from a Gospel-motivated perspective, discover how to build an effective leadership team, and begin planning for the coming year. This retreat also offers opportunities for groups to share ideas and meet other 4 Life youth across the nation.

Y4Life College Leadership Retreat

Open to college students on Lutheran campuses or connected to Lutheran campus ministries, this retreat addresses the unique challenges of promoting life issues and supporting Y4Life Teams on a college campus. Students learn about the nine characteristics of a healthy Life Team and are given practical ways to establish a consistent mission and maintain a Gospel-motivated approach to life ministry. Participants will also discover how to zero in on appropriate life missions for their communities and exchange ideas and techniques with college students from across the nation.



► National Programs

Y4Life in Washington, D.C.

High-school- and college-aged youth are invited to attend Y4Life in Washington, D.C., each January. In addition to walking in the March for Life, participating youth engage in LFL's FREE Y4Life in Washington, D.C., Conference and activities where they'll have opportunities to meet other young leaders engaged in the 4 Life movement, learn about life issues, hear informational and motivational speakers, and prepare to be leaders 4 Life in their schools and communities.

Y4Life Summit

Join college and high school students from across the nation to learn about life issues and discover how to respond to them from a Gospel-motivated perspective! Each year the Summit is held at a Concordia University. Filled with educational sessions and hands-on opportunities to support life, this conference offers youth an opportunity to transform their beliefs into actions and build deep relationships with other 4 Life youth.

Hope 4 Healing: Y4Life Gender Conference

Sexuality is a gift. Integral to our understanding of self and essential in our service to neighbor, sexuality is designed to be a blessing. But what happens when the gift of sexuality, because of sin, is broken? How do we respond to gender brokenness in ourselves, our loved ones, and our neighbors? *We offer hope.* Hope 4 Healing, a conference designed for high school and college youth as well as adults, will address the issue of gender brokenness. Discover how you can speak privately and publicly about gender with a Gospel-motivated voice. This conference speaks a lot about brokenness – the brokenness of culture, of family, and of ourselves. But it also answers that brokenness with something stronger: *HOPE.* Hope for today and hope for eternity. *Interested in attending a Hope 4 Healing conference near you? Contact Michelle@y4life.org.*





Digital Resources

Youth4Life Podcast

The Youth4Life Podcast features audio recordings of Chats 4 Life Zoom presentations as well as interviews and discussions with Y4Life Team members. Each episode, hosted by Y4Life Director Michelle Bauman, focuses on a single life topic and provides facts, discussion starters, and opportunities for youth (and adults!) to become Gospel-motivated voices 4 LIFE.

Chats 4 Life

Are you interested in learning more about contemporary life issues from a Gospel-motivated perspective? If so, host a virtual Chats 4 Life session! During these sessions, youth learn about a contemporary life issue they're interested in. Participants are encouraged to ask questions and engage in discussion with Y4Life Director Michelle Bauman. Want to host a Chats 4 Life session at your school or church? Email Michelle at michelle@y4life.org to request a Zoom session! *Please give two to three months' notice when requesting a Chats 4 Life session to avoid calendar conflicts.*

Lesson Plans 4 Life

These free digital downloads are ready-made lesson plans for the high school classroom or youth room. Each lesson plan has a leader guide full of facts, discussion starters, and Bible verses to support a Gospel-motivated approach to the given life issue. PowerPoint slides for youth interaction included.

Y4Life Kits

Ready for life discussions in your youth room? Download or order a Y4Life Kit! Each kit includes a leader guide, opening activity, Gospel-motivated lesson, Bible verses, a letter home, and more!





Y4Life . . . and Beyond



Lil' Lutherans for Life

Lil' Lutherans 4 Life resources are designed to help parents and teachers of littles, especially children in preschool through second grade, uphold little lives. Lil' Lutherans resources establish a Biblical foundation for each child's identity, equip adults to recognize life issues children face and respond to them from a Gospel-motivated perspective, and help children process and respond to life issues in life-affirming ways.



Y4Life, Jr.

Designed for youth in grades three through eight, the goal of Y4Life, Jr. is to help youth recognize their inherent value in Christ and equip them to be Gospel-motivated voices 4 Life. Resources with the Y4Life, Jr. logo will equip elementary and middle school youth to locate their identity in Christ, embrace the life-affirming gifts God provides through church and family, and begin engaging in healthy discussions about life issues.



Y4Life

Y4LIFE seeks to equip high-school- and college-aged youth to be Gospel-motivated voices 4 Life, publicly and privately pronouncing with joy "You are made 4 LIFE!" as well as answering the question: Why should I be 4 Life? Through service, education, worship, and celebration, youth are encouraged to engage in life-affirming activities and become Leaders 4 Life in their schools, communities, nation, and world!



YA For Life

YA For LIFE seeks to equip young adults to be Gospel-motivated voices for LIFE. Created, redeemed, and called to faith, young adults are handmade to be messengers of life, publicly and privately engaging with others to uphold their lives. Through service, education, worship, and celebration, young adults are encouraged to become advocates for LIFE in their homes, churches, communities, and world! In this way, their life-affirming work ripples into the future – not only changing lives today but also the lives of those to come.



Find Y4Life Online!

- Y4Life Website: y4life.org
- Lutherans For Life: lutheransforlife.org
- Instagram: @lfly4life
- Tiktok: @lfly4life
- Snapchat: @lfly4life
- Facebook: Lutherans For Life
- Twitter: @ForLifers
- Y4Life Blog: y4life.org/blog
- Search "Youth4Life Podcast" wherever you listen to podcasts.

Want more information about Y4Life? Email michelle@y4life.org.



y4life.org • lutheransforlife.org • yaforlife.org
888.364.LIFE (5433)

