



Just as ... I AM

Engaging the Elderly

Volunteer at a nursing home.

Create a pen-pal partnership with someone who is in a nursing home or who is homebound.

Create faith mentorships between elderly people and youth.

Invite guest speakers to discuss historical events and ask how their faith helped them get through difficult times.

Create a family tree with the help of your grandparents or great-grandparents.

Pray for those who are in nursing homes, assisted living facilities, and the homebound.

Send gifts on birthdays and special holidays and plan to meet up to celebrate new friendships with older people.

Hold a handyman workday.

"Gray hair is a crown of glory; it is gained in a righteous life." - Proverbs 16:31