Y4Life Programs

You are made **4 LIFE**!

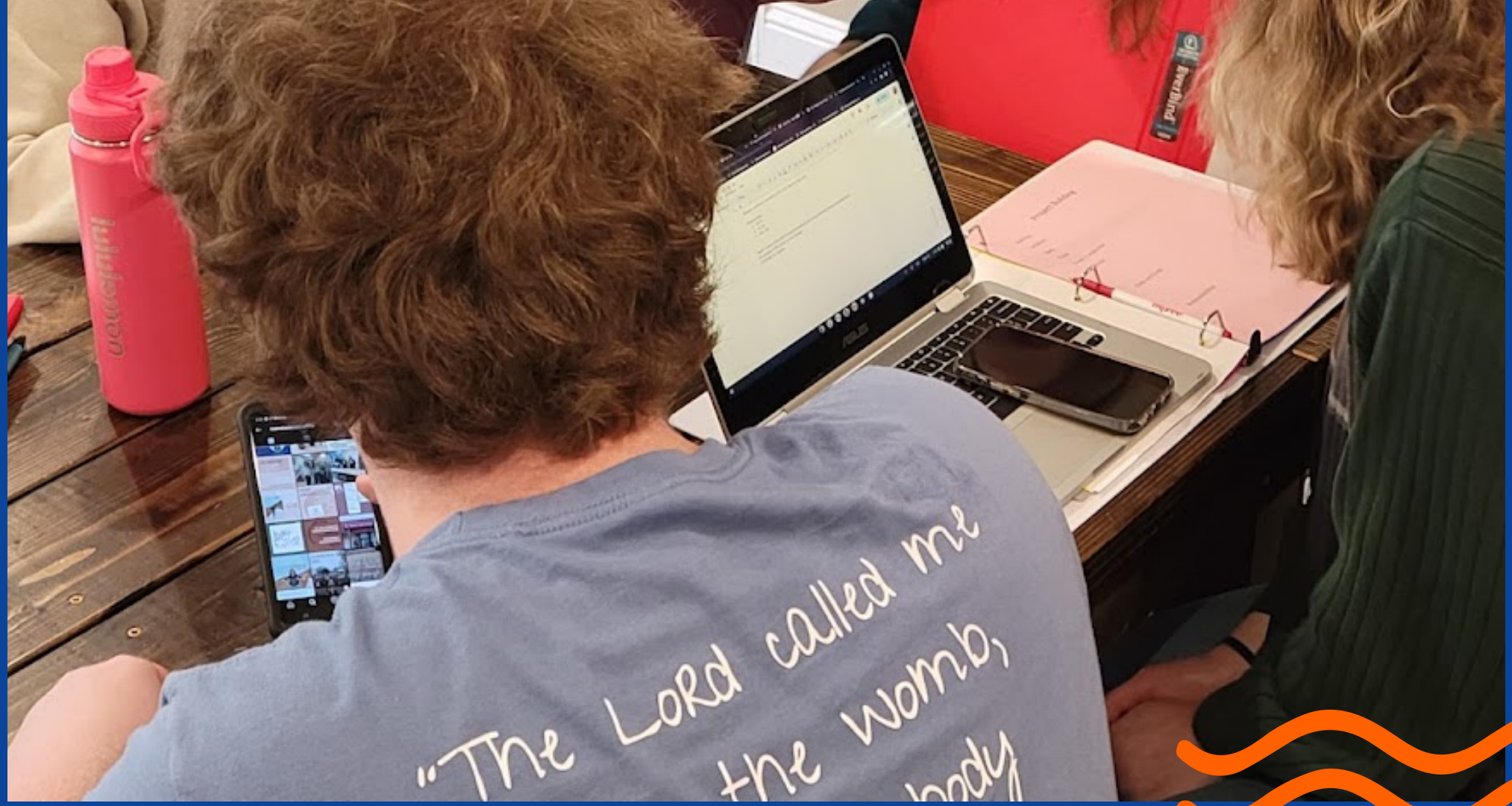
Digital

Chats 4 Life

Chats 4 Life offers young adults opportunities to connect via Zoom with other 4Life youth from across the nation. During these Thursday night sessions, youth are invited to hear from expert speakers, ask questions, and engage in discussion about contemporary life issues. Guided by Y4Life Director Michelle Bauman, this experience gives youth opportunities to learn how to apply a Gospel-motivated voice to contemporary life issues. Watch our Instagram page for the next Chats 4 Life opportunity!

What about ... Mondays?
During What about ... Mondays?, held the second Monday of every month, high school- and college-aged youth gather together on Zoom to talk about life issues they'd like to address. Based on youth questions and interests, Michelle Bauman, Director of Y4Life, and other members from LFL's national staff help youth find 4 Life answers to the problems the world tries to solve with death. Through practice and conversation, youth learn to address life issues from a Gospel-motivated perspective and share that perspective and hope with others.

Youth4Life Podcast
The Youth4Life Podcast features audio recordings of Chats 4 Life Zoom presentations. Each episode, hosted by Y4Life Director Michelle Bauman, focuses on a single life topic and provides facts, discussion starters, and opportunities for youth (and adults!) to become Gospel-motivated voices 4 LIFE.



Local

High School and College Y4Life Teams
Are you passionate about being pro-life and interested in starting a student life ministry at your high school or college campus? Y4Life can help! We provide informative presentations about how 4 Life ministry works and why it's important to share the Y4Life message in your school and community. Y4Life Teams receive ongoing mentorship, resources, and other support for students and faculty who are working to share the 4 Life message with their campuses and communities.

Y4Life Lessons
Designed for the high school classroom, these engaging presentations address life issues that are related to various subjects and curricula. Most often given in English, biology, and theology classrooms, these lessons engage students in a variety of ways and help them make connections between faith and life.

Y4Life Apologetics
Designed for in-person weekend retreats or online gatherings of high school and college youth, the Y4Life Apologetics course takes youth through eight sessions that discuss theological truths and how to apply them to life issues and arguments. Through modeling and practice, youth gain experience in how to uphold life using Gospel-motivated biblical, logical, and philosophical approaches as well as how to have charitable conversations rather than aggressive arguments.

Y4Life Retreats and Conferences
Are you looking for a weekend retreat or one-day event that focuses on LIFE? We can help you put that together! Y4Life retreats and conferences bring the topics and education to YOU. We work with host congregations and schools to provide educational opportunities for your youth that are built around your needs, interests, and location.

I 4 LIFE
Created by the Father,
Redeemed by the Spn, and
Called by the Spirit to
educate, serve, worship
and celebrate life from
a Gospel-motivated and
life-affirming prospective
in our church & community
and schools & district.

SCHULTZ
Potting Soil

DIY PLANTS AND PRAYER

COME
THOU
Count

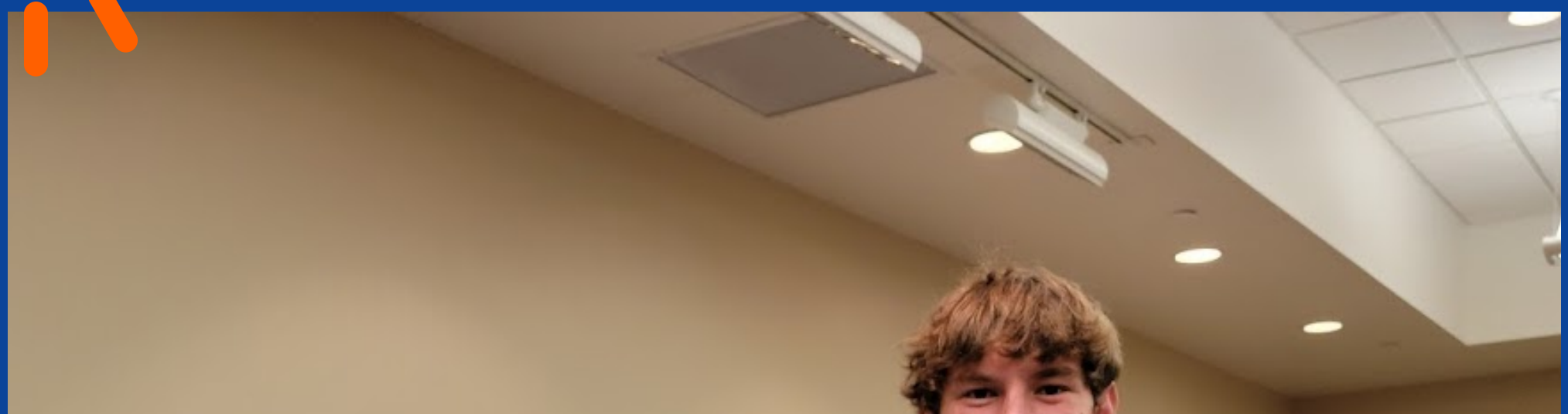
National

Y4Life in Washington, D.C.
High-school- and college-aged youth are invited to attend Y4Life in Washington, D.C., each January. In addition to walking in the March for Life, participating youth engage in LFL's FREE Y4Life in Washington, D.C. Conference and activities where they'll have opportunities to meet other young leaders engaged in the 4 Life movement, learn about life issues, hear informational and motivational speakers, and prepare to be leaders 4 Life in their schools and communities.

Y4Life Summit
Join college and high school students from across the nation to learn about life issues and discover how to respond to them from a Gospel-motivated perspective! Each year the Summit is held at a Concordia University. Filled with educational sessions and hands-on opportunities to support life, this conference offers youth an opportunity to transform their beliefs into actions and build deep relationships with other 4 Life youth.

Y4Life High School Leadership Retreat
Open to all youth at Lutheran high schools and churches as well as members of current Y4Life Teams, this retreat teaches students how to be leaders 4 Life on their high school campuses. Youth learn basic techniques and practices for speaking from a Gospel-motivated perspective, discover how to build an effective leadership team, and begin planning for the coming year. This retreat also offers opportunities for groups to share ideas and meet other 4 Life youth across the nation.

Y4Life College Leadership Retreat
Open to college students on Lutheran campuses or connected to Lutheran campus ministries, this retreat addresses the unique challenges of promoting life issues and supporting Y4Life Teams on a college campus. Students learn about the nine characteristics of a healthy Life Team and are given practical ways to establish a consistent mission and maintain a Gospel-motivated approach to life ministry. Participants will also discover how to zero in on appropriate life missions for their communities and exchange ideas and techniques with college students from across the nation.



Find Y4Life Online!

- Y4Life Website: y4life.org
- Lutherans For Life: lutheransforlife.org
- Instagram: @lfly4life
- Tiktok: @lfly4life
- Snapchat: @lfly4life
- Facebook: Lutherans For Life
- Twitter: @ForLifers
- Y4Life Blog: y4life.org/blog
- Search "Youth4Life Podcast" wherever you listen to podcasts.

Want more information about Y4Life? Email michelle@y4life.org.

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