I'm 4Life… Now What?

4 Steps to Becoming a **Y4Life** Messenger

1 • Remain in the Word

Remember our God is the God of Life, and His Word is full of examples of how

He preserves, protects, and provides for His people. From the beginning of Genesis, God shows how important humans are in His creation; He takes a whole day to hand-form Adam and Eve. And though God speaks all other life into existence, He gets His hands dirty when He forms the pinnacle of His creation: humankind. God loves all life; in fact, He loves humankind so much that He sent His Son to die for ALL HUMAN LIFE. This makes ALL HUMAN LIFE important, valuable, and meaningful.

Remember, **YOU are made 4 LIFE**, and Christ's death brings **LIFE 4 YOU**. All life is important because it has been **created** and **redeemed** by God. As a believer, you have been **called** to faith in Christ and are made to be His Life Messenger!

2 • Start Your Own Y4Life Team

What is a Y4Life Team? A **Y4Life** Team is a group of youth who want to publicly support life at all stages and who speak to support life in a Gospel-motivated way. They educate themselves and others about life issues and engage in life-affirming activities in their high schools, communities, and nation.

There are only four things a **Y4Life** Team needs:

- Enthusiastic 4 Life teens
- An adult leader (preferably a teacher or chaplain)
- A name (Hint: **Y4Life**…)
- A desire to be a Gospel-motivated voice 4 Life

3 • Participate in Life-Affirming Activities

Becoming a Life Messenger is easy. Contact michelle@y4life.org **for Gospel-motivated training** and then begin planning your first event! Events fall into one or more categories: **service, celebration, worship, or education**. A service project, such as a clothing drive, supports life; a celebration, such as a community baby shower, rejoices over life; a worship service, such as a Life Chapel, affirms that God is the Creator of life; and an educational event teaches students about life issues.

4 • Get Connected!

Locally
Are there any other Lutheran schools or churches who have Y4Life Teams in your area? Consider partnering with them for an event!

Digitally
Begin attending online educational events sponsored by **Y4Life**. Check out our next **Chats 4 Life** topic and get signed up to receive emails with each episode's Zoom code. Plan to attend **What About Mondays** to ask 4 Life questions on contemporary topics.

Nationally
Join other Lutheran high-school- and college-aged youth at **Y4Life in Washington, D.C.,** a **FREE** conference each January. Be sure to register for this event online at **Y4Life.org**.

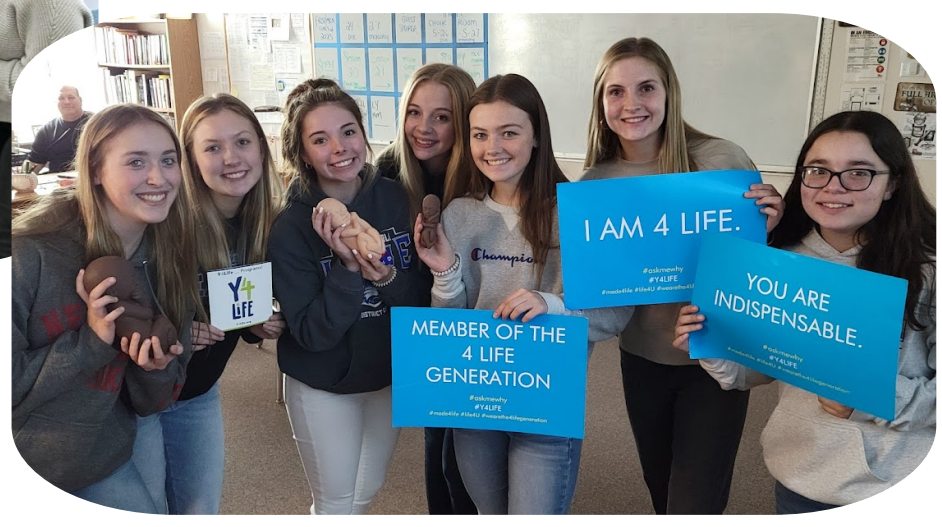
Register for the **Y4Life Summit.** This annual conference for high-school- and college-aged youth highlights a variety of life issues and includes a service project you can replicate.

Attend a **Y4Life** High School Leadership Retreat in the spring or fall. Learn more about how to be a Gospel-centered voice 4 Life, plan activities, and meet other 4 Life teens.

Social Media
Connect with the 4 Life online community! Follow **Y4Life** (@lfly4life) on Snapchat, TikTok, and Instagram; Lutherans For Life on Facebook; and @ForLifers on Twitter. Favorite **y4life.org** and our podcast, **Youth4Life**.

Download the Lutherans For Life app for even more content and resources!

For more information on forming your own **Y4Life Team**, please contact Michelle Bauman, director of **Y4Life**, at michelle@y4life.org.



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